

July 2022



Optimist Club of  
St. Charles

# OPTIMIST NEWS

## In this issue:

- Club News
- Recent Speakers and Events
- Board Meeting Minutes (2 meetings)
- Milestones and Look-Ahead
- Board of Directors & Club Information

### STEM Exposition

In conjunction with the Spirit of St. Louis Air Show, a STEM exposition was held on June 11-12. Elena Cook and her family braved the extreme heat working a STEM oriented Optimist booth that provided handouts, materials and guidance on projects that youth could use to increase interest and knowledge in Science, Technology, Engineering and Math topics. Thank you Elena, Loren and family!

### Club Member Rick Pundmann

On July 11<sup>th</sup>, Rick is scheduled to get his hip replacement and hopefully will regain the mobility needed to once again attend our noon meetings and resume his place as our "chief joke-teller." Everyone is asked to be thinking of Rick (and wife Marge) on the 11<sup>th</sup> and say a little prayer for his complete recovery. Good luck Rick!!

## President Bob Beckman



*We see it frequently in news reports. An intoxicated driver loses control and is killed in a single car accident, another crosses the centerline and takes the lives of a family returning home from an otherwise joyful day, or a driver is pulled over by law enforcement and is issued a legal citation. Cases such as these possibly occur as a consequence of someone being overserved or being underage to consume alcohol.*

*This summer, as in prior years, club members will have opportunities to volunteer as servers in beer gardens being held at local events. How can we as individuals take steps to make these events positive experiences in the community while increasing our awareness of responsible alcohol service techniques that may help to avoid situations like those described above? One action to consider is to take alcohol server certification training. There are several on-line courses offered at a reasonable cost. One of the courses discussed in the Board of Directors June meeting was "Responsible Serving of Alcohol" offered on-line for \$5.95 by Professional Server Certification Corporation. The Board decided this training is a personal choice for individual members who volunteer at events where alcohol is served. The link to the website of the course referenced above is as follows:*

**PSCC Website:** <https://servercertificationcorp.com/home>

# SPEAKERS & RECENT EVENTS

## Gateway Human Trafficking



Colonel Roy Joachimstaler, retired Police Chief of O'Fallon, Missouri and a 50-year law enforcement veteran, had an informative message about human trafficking in our community. He described human trafficking as victims of forced coercion and fraudulent promises for the benefit of others. With a focus on sex and labor trafficking, he explained several red flags that parents and others may observe that could indicate someone is a victim of human trafficking and in need of help. Website:

<https://www.gatewayhumantrafficking.org/>

## Corps of Discovery Expedition



Bill Brecht from the Lewis and Clark Museum followed up his visit last year with a presentation on how "luck" played a part in the success of the Expedition's exploration of land obtained in the Louisiana Purchase. Several times during their journey they were challenged with dangers to their lives and equipment, choices that had to be made on which river or route to take to reach their desired destination, severe weather conditions, and so on. Many times they benefitted from fortunate circumstances that helped them prevail over these challenges.

## Balance Seminar Lunch & Learn



Michael Robertson from Fairwinds River's Edge, and Matt Damrell and Jason Joda from Nurses and Co. gave a presentation on balance and preventative measures that can be taken to avoid falls, both at home and in less familiar environments. They also provided exercises and body motions that can be practiced at home to increase a sense of balance and stability. Both organizations offer outpatient therapies to individuals who are recovering from injury or illness or are otherwise in need of assistance in these areas.

[www.FairwindsRiversEdge.com](http://www.FairwindsRiversEdge.com)

[www.nursesandco.com](http://www.nursesandco.com)

## Benefits of Optimism



Loren Cook gave a stirring address on the many benefits of being an optimistic person when compared to being a pessimist. These include being happier, more confident and positive towards ourselves, and recognizing good things that exist in our world instead of being focused on the bad news that surrounds us on a daily basis. Loren's talk can best be summarized by his conclusion that an optimist can "live a better life longer and happier in a world made better by you and other optimists being in it."

**OPTIMIST CLUB OF ST. CHARLES**  
**BOARD OF DIRECTORS MEETING MINUTES**  
June 21, 2022

**CALL TO ORDER:** President Bob Beckman called the meeting to order at 1:05 pm.

**ATTENDANCE:** Bob Beckman, Dave Borgmeyer, Roger Deppe, Allen Field, Paul Hauser, Dean Krogmeier, Ellen Parker, and Gerry Prinster

**SECRETARY REPORT:**

- Gerry Prinster moved to approve the minutes of May 17, 2022 and May 31, 2022 as read. Paul Hauser seconded. Motion passed.
- Secretary Parker reported that she sent out thank you notes to the 2022 Golf Tournament sponsors.

**TREASURER REPORT:**

- Main April expenses and income centered around the Spaghetti Dinner.
- As of April 30, 2022, the general checking account had a balance of \$8,212.64. The savings account had a balance of \$5,573.78. The CDs total \$30,5541.38. General Accounts total was \$44,327.80. The Scholarship Fund balance was \$186,792.70. The dues account showed a balance of \$1,240.15. (Note: The amount of the General Accounts total was corrected from the report presented to the board at the meeting.)
- Roger Deppe moved to file the April financial report with the auditor. Paul Hauser seconded. Motion passed.
- Main income for May was from the Golf Tournament. Main expenses in May were the donation to We Love St. Charles for the Jefferson Love Awards, for Pio's lunches, and Spaghetti Dinner expenses. Three of the five senior scholarships have been paid out.
- As of May 31, 2022, the general checking account had a balance of \$15,603.78. The savings account had a balance of \$5,573.78. The CDs total \$30,5541.38. General Accounts total was \$51,718.94. The Scholarship Fund balance was \$183,792.73. The dues account showed a balance of \$1,240.15. (Note: The amount of the General Accounts total was corrected from the report presented to the board at the meeting.)
- Roger Deppe moved to file the May financial report with the auditor. Paul Hauser seconded. Motion passed.

**PRESIDENT'S REPORT:**

- President Beckman reported on our liability coverage through Optimist International for club events where alcohol is served. The board discussed having liability insurance for serving alcohol at events that the club does not sponsor.

**COMMITTEE REPORTS:**

- [Golf Tournament](#): Chairman Dean Krogmeier reported that the 2022 Golf Tournament fundraiser was a success because of the weather and the turnout! We had 88 golfers and 25 sponsors which allowed us to raise approximately \$7500. The board expressed its thanks to chairman Dean Krogmeier for all his hard work and a job well done.
- [Spaghetti Dinner](#): The Spaghetti Dinner fundraiser netted approximately \$3500 in profit.
- [STEM Expo](#): President Beckman reported that Elena Cook and her children attended the event and set up a booth that provided a STEM activity (making mini rockets and catapults) for the visitors. Positive feedback on the event was received. The board thanked Elena for all her hard work in representing our club at this event.
- [County Fair Beer Booth](#): Volunteers are needed to serve beer at the County Fair on July 28, 2022.

**OPTIMIST CLUB OF ST. CHARLES  
BOARD OF DIRECTORS MEETING MINUTES  
Page 2 of 2**

**COMMITTEE REPORTS (continued)**

- **Mustang Car Club Show**: Volunteers are needed to serve hot dogs from our trailer at the Car Show at Pundmann Ford on August 6, 2022.
- **Festival of the Little Hills Beer Booth**: Volunteers are needed to work at the beer tent at the FOLH on August 19, 20, and 21.

**UNFINISHED BUSINESS:**

- **Community Service Organizations Committee**: Service clubs in St. Charles (Rotary Club, Kiwanis, Lion's Club, and Optimist Club) are meeting in an effort to create a joint task force to reach out to the community. Bob Beckman and Gerry Prinster will represent our club at the initial meeting in September.
- **Alcohol Server Training/Certification**: Paul Hauser moved to make Alcohol Server Training a personal choice for individual members who volunteer at events where alcohol is served. Dave Borgmeyer seconded. Motion passed. President Bob Beckman will publicize information on this topic in the newsletter.

**NEW BUSINESS:**

- Dean Krogmeier stated that Mary Krogmeier has once again volunteered to organize our club's back-to-school donations. The current budget allows for up to \$1000 to be spent. Dave Borgmeyer moved to increase the budgeted amount for back-to-school donations not to exceed \$1500. Allen Field seconded. Motion passed.
- A floral arrangement will be sent to Ernie Dempsey as he recovers from a recent stroke. We wish him a speedy recovery.

**CORRESPONDENCE:**

- Thank you notes were received from scholarship winners Paige Brown (Lutheran SC) and Kristi Lewis (Orchard Farm).
- A thank you note was received from the Bob Avery Family for memorial donations made in his honor.
- An invitation to the Youth In Need Gala was received.

**ADJOURNMENT**: Mark Cook moved to adjourn the meeting. Allen Field seconded. Motion passed. The meeting adjourned at 2:05 pm.

Respectfully submitted,  
Ellen Parker, Secretary

**OPTIMIST CLUB OF ST. CHARLES  
SPECIAL BOARD OF DIRECTORS MEETING MINUTES  
June 28, 2022**

**CALL TO ORDER:** President Bob Beckman called the meeting to order at 12:50 pm.

**ATTENDANCE:** Bob Beckman, Dave Borgmeyer, Elana Cook, Mark Cook, Roger Deppe, Paul Hauser, Gerry Prinster, and Jack Ross

**NEW BUSINESS:** Youth in Need (YIN) "Golfing for Youth Benefit Tournament" on August 1st (Background Information)

- YIN mailed a flyer and associated materials about the event to the Club's P.O. Box prior to our regularly scheduled Board meeting on June 21st. Bob Beckman left the materials at home by mistake. Following the meeting, Bob emailed the cover letter and sponsorship opportunities to Board members.
- YIN's letter suggested several ways to participate, which were being a sponsor at several levels, entering a team or individuals to golf, buying a raffle ticket, or making a monetary donation.
- Because there would not be sufficient time to respond if this matter was not addressed until the next regular Board meeting, Bob Beckman called a Special Board meeting to follow our noon meeting on June 28.

**ACTION TAKEN:**

- Mark Cook moved that our Club be a hole sponsor for \$350. Dave Borgmeyer seconded. During discussion of the motion, Dave Borgmeyer said there is \$200 budgeted for YIN in this year's budget and this amount has not been designated for any specific purpose. A question was raised if the motion was intended to be stand-alone from the budgeted funds or did it include the \$200. Mark Cook clarified that his motion was for stand-alone funds. Motion passed. (See Note 1)
- Roger Deppe requested that the agenda for the next Board meeting include a topic to address use of the \$200 budgeted for YIN. Bob Beckman agreed to have Ellen Parker include this topic on the agenda.

**ADJOURNMENT:** Jack Ross moved to adjourn the meeting. Motion was seconded by another member – name not noted. Motion passed. The meeting adjourned at 1:00 p.m.

Respectfully submitted,  
Bob Beckman

**Note 1:** Following the meeting, there was a correction that there is no line item in the 2021-2022 budget for a \$200 donation to YIN.

# MILESTONES AND LOOK-AHEAD



## July Schedule

<b>July 5</b>	No Meeting — Holiday Break
<b>July 12</b>	Noon Meeting
<b>July 19</b>	Noon Meeting (Board Meeting to Follow)
<b>July 26</b>	Noon Meeting
<b>July 28</b>	SC County Fair Beer Garden (Volunteers)

## Birthdays

<b>July 24</b>	Ken Mullen
----------------	------------

## Membership Anniversaries



<b>July 2022:</b>	Barbara Hall — 35 years
-------------------	-------------------------

## Wedding Anniversaries



<b>July 26</b>	Ed & Pam Gettemeier
<b>July 31</b>	Chris & Megan Hallam

## Speakers Preview

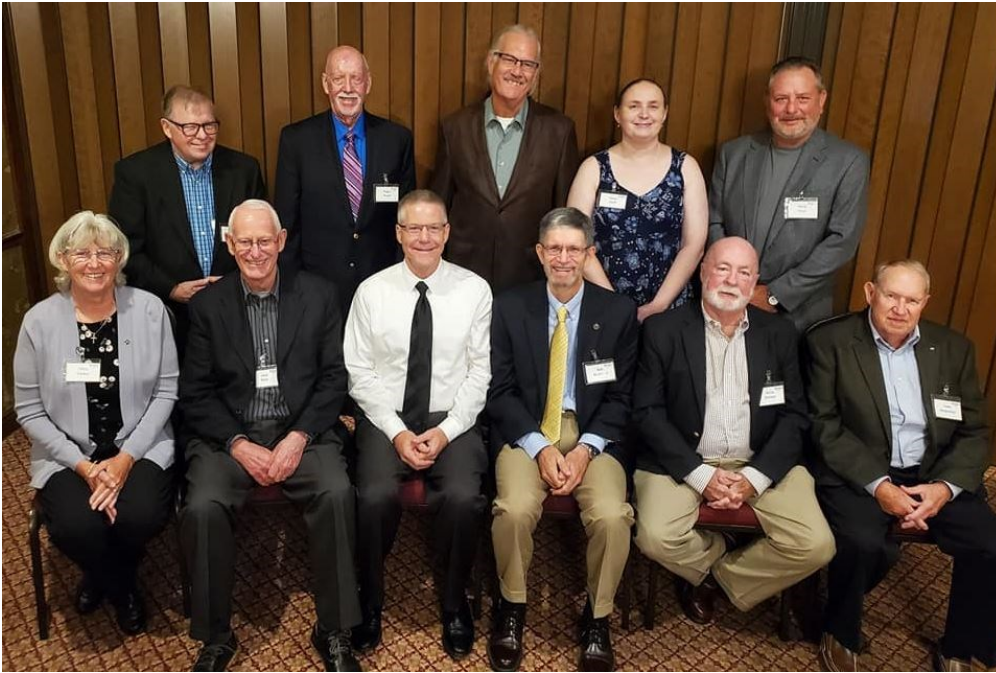
<b>July 5</b>	No Meeting — Holiday Break
<b>July 12</b>	Jason Coomer — Lindenwood University D-1 Athletics
<b>July 19</b>	Bruce Sowatsky, Exec. Director, CCRB – St. Charles
<b>July 26</b>	Maralee Britton, Director, St. Charles City Parks & Recreation



shutterstock - 140398567

**Note:** The Club will follow St. Charles City & County government guidance/guidelines for holding club events and meetings during a pandemic.

# 2021-2022 BOARD OF DIRECTORS



## OFFICERS:

PRESIDENT	BOB BECKMAN
PRESIDENT-ELECT	GERRY PRINSTER
VICE PRESIDENT	PAUL HAUSER
SECRETARY	ELLEN PARKER
TREASURER	DAVE BORGMEYER

## DIRECTORS:

### 1 YEAR TERMS

MARK COOK

ALLEN FIELD

JACK ROSS

(Jack serves as Zone 7 Lt. Gov.)

### 2 YEAR TERMS

ELENA COOK

ROGER DEPPE

DEAN KROGMEIER

---

## CLUB INFORMATION:

**Mailing Address:** Optimist Club of St. Charles  
P.O. Box 234  
St. Charles, Missouri 63302

**Club Website:** <https://scoptimists.weebly.com/>

**Like us on Facebook! Search "Optimist Club of St. Charles, MO" or the following link:**  
<https://www.facebook.com/Optimist-Club-of-St-Charles-MO-416164208567872/>

**Meetings:** We meet weekly on Tuesdays at 12:00 p.m. in Pio's Restaurant,  
403 First Capitol Dr, St. Charles, MO 63301. Visitors are welcome.