

November 2023

# OPTIMIST NEWSLETTER



## OCTOBER RECAP (thru Oct 24):



Nick Prinster gave an interesting show and tell presentation on mobility carts built by Mobility Worldwide in Columbia, MO and shipped to Kenya and other poor counties. Over 30,000 carts have been built in Columbia. Youth and special needs adults use the carts for mobility. They also send donated sewing machines overseas for people to make goods that can be sold. The organization relies on donations and volunteers.

Website: <https://mobilityworldwide.org>

José Jones, owner & lead therapist at The Boxing Therapy LLC, gave a passionate overview of mental and physical benefits from boxing-based courses offered by his company. These include disorder-specific courses, exercise sessions, and actual boxing lessons. Johnny (pictured on right) is a client whose condition was helped through boxing. Website: <http://theboxingtherapygym.com>



Amanda Brauer, St. Charles County Managing Director Roads & Traffic, gave an informative presentation on projects and priorities for city and county roads. She explained the process for project selection, and priorities used in the selection process, with safety being the top priority. See their website for further information.

Website: [www.sccmo.org/1095/Roads-Traffic](http://www.sccmo.org/1095/Roads-Traffic)



Mary Krogmeier and her comfort/therapy dog Teddy entertained and educated us on the love and healing power of dogs to improve the lives of people in our community. Mary and Teddy received their training and certification through CHAMP Assistance Dogs, a non-profit organization in St. Louis County. Thank you Mary & Teddy. Website: <https://www.champdogs.org/>



## President Paul Hauser



Dear Optimist Members,

Welcome to a new Optimist Year 2023-24. Thank you for your trust and support in my Presidential year; let's make this a great year.

We're starting off the year with superb attendance and exciting speakers. The speaker line-up for the month of November features enriching information for the club members.

If you have some free time on Tuesday, drop in for some lunch, fellowship and club news! I look forward to seeing you at the meetings!

### Club Business:

The club by-laws had an OI mandatory update for the new year and the club is responsible to obtain a release, from all club members, to use their likeness or image in all club & OI publications.

You will see a request form come to your email for the release. Please give it attention and grant the club & OI permission to use your image for Optimist publications.

Wishing you all the best,  
Paul

## NOVEMBER MEETINGS & EVENTS:

- November 7** Noon Meeting  
Constance West—Mindful Tranquility Counseling
- November 14** Noon Meeting  
Youth in Government Day
- November 21** Noon and Board Meetings  
Aaron Eller—SC City-County Library
- November 28** Noon Meeting  
Anna Kusierkiewicz—CF Foundation

# 2023-2024 BOARD OF DIRECTORS



## OFFICERS:

**PRESIDENT:** PAUL HAUSER

**SECRETARY:** ELLEN PARKER

**PRESIDENT-ELECT:** RICK DALEEN

**TREASURER:** DAVE BORGMAYER

**VICE PRESIDENT:** ELENA COOK

**PAST PRESIDENT:** GERRY PRINSTER

## DIRECTORS:

### 1 YEAR TERMS

MARK COOK

MIKE EBERT

STEVE HARKER

### 2 YEAR TERMS

DON JAMISON

FRED MCGINLEY

CHUCK RATERMANN

---

## CLUB INFORMATION and SOCIAL MEDIA

**Mailing Address:** Optimist Club of St. Charles  
P.O. Box 234  
St. Charles, Missouri 63302

**Club Website:** <https://scoptimists.weebly.com/>

**Like us on Facebook!** "Optimist Club of St. Charles, MO" or the following link:  
<https://www.facebook.com/Optimist-Club-of-St-Charles-MO-416164208567872/>

**Meetings:** Our weekly meetings are held on Tuesdays at 12:00 p.m. at Pio's Restaurant, 401 First Capitol Dr, St. Charles, MO 63301.  
Board meetings are held on the third Tuesday of the month.  
Visitors are welcome.